

SPORT AND FITNESS COURSE AND CAREER PLANNER



KEY:

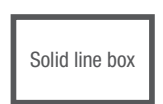
Progression route



Accelerated progression route



College courses



School College Partnership courses



Courses share progression options



This planner shows possible routes of progression. For full entry requirements for each course, always check online.

POTENTIAL CAREER OPPORTUNITIES

Leisure attendant, lifeguard (with additional external qualifications), sports leader, volunteer in the sport and fitness industry, youth/community work, army, public services

Leisure attendant, lifeguard (with additional external qualifications), active schools coordinator, volunteer in the sport and fitness industry, youth/community work, sports development assistant

Leisure assistant, fitness instructor, gym supervisor, sport development assistant, health development assistant, personal trainer, football development officer, assistant coach (variety of sports), leisure attendant/pool lifeguard, community/youth work, lifestyle coach, active schools coordinator

Fitness instructor, personal trainer, gym supervisor/manager, health development officer, leisure attendant/pool lifeguard, community physical activity developer, youth work incorporating sport and fitness, lifestyle coach, active schools coordinator, self-employment, sports development assistant, football development officer, community sports coach, health development officer, community physical activity developer, youth work (incorporating sport and fitness)

SCQF LEVEL

4

Equivalent to National 4s

Certificate:
Introduction to Sport
and Fitness
(Short Course)

SCQF LEVEL

5

Equivalent to National 5s

Intermediate
Certificate: Sport
and Fitness

SCQF LEVEL

6

Equivalent to Highers

Advanced
Certificate: Sport
and Fitness

Advanced
Certificate:
Football Studies

SCQF LEVEL

7

Equivalent to Year 1 at University
and Advanced Highers

HNC: Fitness,
Health and
Exercise

HNC: Coaching
and Developing
Sport

SCQF LEVEL

8

Equivalent to Year 2
at University

HND: Fitness,
Health and
Exercise

HND: Coaching
and Developing
Sport

SCQF LEVEL

9

Equivalent to Year 3
at University

Articulation to university

Articulation routes for direct entry to years 2 or 3 of a related degree exist for degree courses at Abertay University, Queen Margaret University, The Open University, the University of the Highlands and Islands, and the University of the West of Scotland on successful completion of an HND. Please see our website for further information.

