

Sport and Fitness Course and Career Planner

Key:

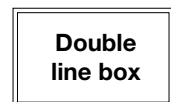
Progression route



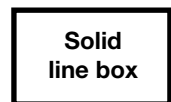
Accelerated progression route



Academies/Community Classes



College courses



School College Partnership courses



Courses share progression options



This planner shows possible routes of progression. For full entry requirements for each course, always check online.

Potential Career Opportunities

Equivalent to National 4s

SCQF LEVEL

4

Equivalent to National 5s

SCQF LEVEL

5

Equivalent to Highers

SCQF LEVEL

6

Equivalent to Year 1 at University and Advanced Highers

SCQF LEVEL

7

Equivalent to Year 2 at University

SCQF LEVEL

8

Equivalent to Year 3 at University

SCQF LEVEL

9

Equivalent to Year 4 (Honours) at University

SCQF LEVEL

10

Certificate:
Introduction to Sport
and Fitness
(Short Course)

Intermediate
Certificate:
Sport and Fitness

Advanced
Certificate:
Sport and Fitness

Advanced
Certificate:
Football Studies

HNC: Fitness,
Health and Exercise

HNC: Coaching and
Developing Sport

HND: Fitness,
Health and Exercise

HND: Coaching and
Developing Sport

Fife Elite Football
Academy
(FEFA)
Under 16s

Fife Elite Football
Academy
(FEFA)
Under 18s

Leisure attendant, lifeguard (with additional external qualifications), sports leader, volunteer in the sport and fitness industry, youth/community work, army, public services

Leisure attendant, lifeguard (with additional external qualifications), active schools coordinator, volunteer in the sport and fitness industry, youth/community work, sports development assistant

Leisure assistant, fitness instructor, gym supervisor, sport development assistant, health development assistant, personal trainer, football development officer, assistant coach (variety of sports), leisure attendant/pool lifeguard, community/youth work, lifestyle coach, active schools coordinator

Fitness instructor, personal trainer, gym supervisor/manager, health development officer, leisure attendant/pool lifeguard, community physical activity developer, youth work incorporating sport and fitness, lifestyle coach, active schools coordinator, self-employed, sports development assistant, football development officer, community sports coach, health development officer, community physical activity developer, youth work (incorporating sport and fitness)

Articulation to university*

Articulation routes for direct entry to years 2 or 3 of a related degree exist for degree courses at Abertay University, Queen Margaret University, The Open University, the University of the Highlands and Islands, Robert Gordon University, and the University of the West of Scotland on successful completion of an HND. Please see our website for further information.



*An Articulation Route is a pathway between an HNC or HND and a degree programme, agreed between a college and a university.
HNC = Higher National Certificate, HND = Higher National Diploma