

GUIDANCE TEAM

At Fife College, the Guidance Team is available across all campuses.

We're dedicated to supporting you in any way possible to help ensure that your time at Fife College is the best it can be.

You can make an appointment to see one of our advisors in private to talk to us about any issues that may arise: this can include any personal issues, financial concerns, ongoing support or if you need support in completing funding/application forms.



MAKE AN APPOINTMENT

All appointments are treated with respect and confidentiality.

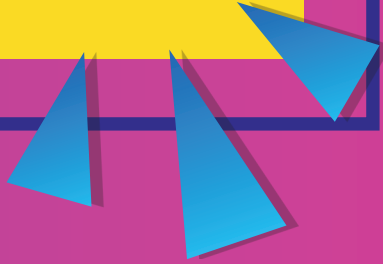
Never be afraid to ask – there is no such thing as a silly question! We can also refer to outside agencies to enable you to speak to the person who can best support you.

Our Guidance team also hold workshops on a variety of topics, including: mental health awareness, SAAS, UCAS, mindfulness and anti-bullying.

PVGS

Does your course have a work placement? You will need a PVG check. If you have completed a PVG form before, you may only need to fill out an Existing Members form rather than a New Members form.

Email guidance@fife.ac.uk or pop into one of the Guidance offices to ask more about this.



PROMOTING POSITIVE MENTAL HEALTH

Fife College is committed to promoting positive mental health, as well as removing the stigma that poor mental health can carry. It's just as important to look after your mental health as it is your physical health.

If you are having a difficult time or are concerned about your mental health, you can talk to the Guidance team. They can help you and point you in the right direction to ensure you get the help you need.

To make an appointment:
Phone: 03442480115
Email: guidance@fife.ac.uk