Sport and Fitness Course and Career Planner Equivalent to National 4s

SCQF LEVEL

4

Equivalent to National 5s
SCQF LEVEL

5

Equivalent to Highers

SCOF LEVEL

6

Advanced Certificate: Sport and Fitness

(Fitness)

Advanced Certificate: Sport and Fitness (Sports Coaching)

Advanced

Certificate: Football Studies

**Dunfermline Football** 

Academy

(DFA) Under 18s Equivalent to Year 1 at University and Advanced Highers

SCQF LEVEL

HNC: Fitness.

Health and Exercise

**HNC: Sports** 

Coaching and

Development

Multi Sport Coaching

**HNC: Sports** 

Coaching and

Development

(Football Coaching)

•

Equivalent to Year 2 at University

SCQF LEVEL

8

HND: Fitness.

Health and Exercise

**HND: Sports** 

Coaching and

Development

Equivalent to Year 3 at University

**SCQF LEVEL** 

9

Equivalent to Year 4 (Honours) at University

SCOF LEVEL

10

## Articulation to university\*

Articulation routes for direct entry to years 2 or 3 of a related degree exist for degree courses at Abertay University, Edinburgh Napier University, the University of Stirling, The Open University, the University of the Highlands and Islands, The University of the West of Scotland, and Robert Gordon University, on successful completion of an HNC or an HND. Please see our website for further information.















Key:

Accelerated

progression route

**Progression route** 

Academies/
Community Classes

Double line box

College courses

Solid line box

School College Partnership courses

> Filled in box

Courses share progression options

Dotted line box

This planner shows possible routes of progression. For full entry requirements for each course, always check online.

Potential Career
Opportunities

Leisure attendant, lifeguard (with additional external qualifications), sports leader, volunteer in the sport and fitness industry, youth/ community work, army, public services Leisure attendant, lifeguard (with additional external qualifications), active schools coordinator, volunteer in the sport and fitness industry, youth/community work, sports development assistant

Intermediate

Certificate:

Sport and Fitness

Dunfermline Football

Academy

(DFA)

Under 16s

Leisure assistant, fitness instructor, gym supervisor, sport development assistant, health development assistant, personal trainer, football development officer, assistant coach (variety of sports), leisure attendant/pool lifeguard, community/youth work, lifestyle coach, active schools coordinator

Fitness instructor, personal trainer, gym supervisor/
manager, health development officer, leisure attendant/pool
lifeguard, community physical activity developer, youth work
incorporating sport and fitness, lifestyle coach, active schools
coordinator, self-employed, sports development assistant,
football development officer, community sports coach, health
development officer, community physical activity developer,
youth work (incorporating sport and fitness)

\*An Articulation Route is a pathway between an HNC or HND and a degree programme, agreed between a college and a university.

HNC = Higher National Certificate, HND = Higher National Diploma