

Open Courses – Upcoming Course Dates 2025-2026

NEBOSH/IOSH and Environmental Courses

COURSE	DATES	DURATION	PRICE (pp)
NEBOSH National General Certificate in Occupational Health and Safety	Tues 5 Aug to 21 Oct 25 OBE 5 Nov 25	12 days, one day per week Plus OB exam	£1990
	Thurs 30 Oct 25 to 29 Jan 26 OBE 4 Feb 26		
	Tues 3 Feb to 21 Apr 26 OBE 6 May 26		
	Thurs 9 April to 26 June 26 OBE 8 July 26		
NEBOSH Health and Safety Management for Construction (UK)	Wed 1 Oct to 17 Dec 25 OBE 6 Jan 26	12 days, one day per week Plus OB exam	£1990
	Wed 8 April to 24 June 26 OBE 7 July 26		
NEBOSH Certificate in Environmental Management	Mon 13 Oct to 24 Nov 25 OBE 10 Dec 25	7 days, one day per week Plus OB exam	£1255
	Mon 30 Mar to 25 May 26 OBE 3 June 26		
NEBOSH Certificate in Fire Safety	Thurs 18 Sept to 23 Oct 25 OBE 5 Nov 25	6 days, one day per week Plus OB exam	£1150
	Thurs 19 Mar to 23 April 26 OBE 6 May 26		
NEBOSH/HSE Managing Stress at Work	Wed 17 Sept 25 Thurs 12 Feb 26	One Day	£335
NEBOSH/HSE Introduction to Incident Investigation	On Demand	One Day	£335
NEBOSH Health and Safety at Work Award	On Demand	3 days, one day per week	£685
NEBOSH National General Certificate in Occupational Health and Safety E-learning	Includes OB Exam	E-Learning	£850
NEBOSH International General Certificate in Occupational Health and Safety E-Learning	Excludes Exam	E-learning	£575
NEBOSH Diploma in Occupational Health and Safety E-Learning	Excluding exam	E-learning	£1,925
NEBOSH International Technical Certificate in Oil and Gas Operational Safety E-Learning	Excluding exam	E-learning	£575

If you don't see the course you are looking for, please contact us to discuss your requirements, as we can also deliver bespoke courses to meet individual company needs. We can also arrange group prices for most of our courses as per requirements,

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COURSE	DATES	DURATION	PRICE (pp)
IOSH Managing Safely	Mon 18 Aug-1 Sept 25	3 days, One Day Per Week	£520
	Tues 11-25 Nov 25		
	Wed 4-18 Feb 26		
	Thurs 12 Mar- 26 Mar 26		
	Tues 28 Apr-12 May 26		
	Mon 15 June-29 June 26		
IOSH Working Safely	On Demand	One Day	£210
IOSH Managing Safely Refresher	On Demand	One Day	£210
IOSH Introduction to Risk Assessment	On Demand	One Day	£210
IOSH Leading Safely	On Demand	One Day, 5 hours	£220
IOSH Managing Contractors	On Demand	One Day	£210
IOSH Managing Safely E-Learning	On Demand	E-Learning	£380
IOSH Working Safely E-Learning	On Demand	E-Learning	£125
Introduction to Environmental Principles and Best Practice	On Demand	One Day	£190
Introduction to Fire Safety Principles	On Demand	One Day	£190
Display Screen Equipment (DSE)	On Demand	One Day	£190
Accident Investigation	On Demand	One Day	£190
COSHH Assessment	On Demand	One Day	£190
COSHH Awareness	On Demand	Half Day	£135
Asbestos Awareness	On Demand	Half Day	£135
Manual Handling	On Demand	Half Day	£135
PUWER Assessment	On Demand at client premises	Half day	Price on request
Rack Inspection	On Demand at client premises	One day	Price on request
Ladder Inspection	On Demand at client premises	One day	Price on request
Counterbalance Forklift	On Demand at client premises	Various as per course	Price on request



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Industry Skills Courses

COURSE	DATES	DURATION	PRICE (pp)
Introduction to Practical MIG Welding Skills	On Demand	One Day at Rosyth Campus	£430
Welding Assessment	On Demand	One Day at Rosyth Campus	£430
Welding Training/Skills	On Demand	One Day at Rosyth Campus	£430
Welding Approval Skills	On Demand	One Day at Rosyth Campus	TBC
EN9606 Supplementary Fillet Weld Test	On Demand	One Day at Rosyth Campus	TBC
Welding Skills (TIG or MIG/MAG)	Glenrothes Campus Wed 3 Sept to 10 Dec 25 MIG Wed 18 Feb to 20 May 26 TIG	12 weeks at Glenrothes or Rosyth Campus	£390
	Rosyth Campus Thur 4 Sept to 11 Dec 25 TIG Thur 19 Feb to 21 May 26 MIG	One evening per week (1730 – 2030)	
CNC Programming Lathe (Fanuc)	On Demand	12 weeks Day Release One half day (Fridays) at Glenrothes Campus	£795
Manual Milling or Turning	On Demand	6 weeks Day Release One half day (Fridays) at Glenrothes Campus	£595
Geometric Dimensioning and Tolerancing	On Demand	One half day at Glenrothes campus or customer premises	TBC on arrangement
Abrasive Wheels (Fixed or Portable machines)	On Demand	Half Day on client premises for up to 6 people max	TBC on arrangement



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We offer the following courses throughout the year, please contact us for more information, including minimum numbers required.

Specialist Health and Safety Courses

- Safe Use of Hand and Power Tools
- Working at Height inc Safety Harness
- Ladder Inspection
- Rack Inspection
- Manager and Supervisor Lift Truck Safety Awareness
- PUWER Assessment

Health, Safety and Environment Short Courses

- Accident Investigating and Reporting
- Asbestos Awareness
- Managing Contractors
- COSHH Assessment
- COSHH Awareness
- Using and Assessing Display Screen Equipment
- Introduction to Environmental Principles and Best Practice
- Introduction to Fire Safety Principles
- Manual Handling and Lifting (Objects)
- Risk Assessment
- Oil & Chemical Spill Response
- Environmental Awareness

Industry Skills

- Abrasive Wheels fixed and portable machines
- Introduction to Practical MIG Welding Skills
- Introduction to Welding Skills (Evening Class)
- EN9606 Supplementary Fillet Weld Test
- Welding Assessment
- Welding Training/Skills
- Welding Certification
- Welding Coding (Lloyds)
- CNC Programming Lathe or Milling
- Manual Milling or Turning
- Geometric Dimensioning and Tolerancing

Health and Safety in Care

- Moving and Handling (People) Foundation Training (SHMPS compliant)

Health and Safety in Hospitality

- REHIS Elementary Food Hygiene

Mechanical Handling

- Counterbalance Lift Truck (Novice or Refresher)
- Pedestrian Pallet Truck
- Pendant and Remote-Control Crane
- Overhead Crane with Basic Slings
- Vehicle Banksman

Electrical

- 18th Edition IET Wiring Regulations C&G 2382
- Initial and Fundamental Inspection and Testing C&G 2391-50
- Periodic Inspection and Testing C&G 2391-51
- Combined Initial Verification/Periodic Inspection C&G 2391-52
- Electrical equipment maintenance and testing (PAT Testing) C&G 2377
- Electric Vehicle Charging Equipment Installation C&G 2919-01
- Basic Electrical Awareness

IOSH (Institution of Occupational Safety and Health)

- IOSH Working Safely
- IOSH Managing Safely
- IOSH Managing Safely Refresher
- IOSH Leading Safely
- IOSH Managing Contractors
- IOSH Introduction to Risk Assessment

NEBOSH (National Examination Board in Occupational Safety and Health)

- NEBOSH National General Certificate in Occupational Health and Safety
- NEBOSH Health and Safety Management for Construction (UK)
- NEBOSH Certificate in Environmental Management
- NEBOSH Certificate in Fire Safety
- NEBOSH Health and Safety at Work Award
- NEBOSH/HSE Managing Stress at Work
- NEBOSH HSE Introduction to Incident Investigation
- NEBOSH Diploma in Occupational Health and Safety (E-learning)



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